



# Online Systemic Family Constellations practitioner training (AEST Qld Australia timezone).

## **Systemic Family Constellations Course Outline**

### **Module 1: Entering the field**

Essential course information. Introduction to Family Constellations as a different way to view and work with individuals, family, relationships, wellbeing, growth and transformation.

Working without knowing, learning to feel and read energy and core dynamics.

You will study 6 constellation books throughout the course to give you the breadth, range and depth of possibilities for this work as you develop as a Family Constellations practitioner in your own way.

### **Module 2: Personal Development and Growth**

The growth that is required for you to become a constellation practitioner, requires you to experience and resolve what needs to be put to rest, within your own family system. An examination of what is required to come out of judgement, look at the bigger picture, not be personally triggered, and work in service of the client or family.

### **Module 3: Energy**

The constellation field, energy, how to work with it, and what to be mindful of. Working with energy ethically and healthily. Some fundamental truths on which to build your practice.

### **Module 4: Orders of Love 1**

Looking at the patterns set up by our original families, including ancestors and cultural or traumatic influences. Understanding the value of spatial arrangements in constellations and an introduction of the value of order on mental health and wellbeing. Looking at loyalties, burdens and blind love.

### **Module 5: Orders of love 2**

Looking at the patterns we form in our present families. Examining the transition from original to present family and its impact not only on ourselves, but those we are responsible for or in relationship with.



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### **Module 6: Transforming Blind Love**

Examining the profound transformation from blind love to mature love. primarily with our parents first, so that what comes out of this growth can be present, with us as partners or parents, in the present.

### **Module 7: Perpetrator / Victim**

How to notice these dynamics on many levels.  
Sexual abuse, incest, trauma and what is required in the family system or in the individual to be released, or find more freedom.

### **Module 8: Consciousness, Guilt and Innocence.**

The nature of connection, loyalty, dysfunction and growth through innocence and guilt. A complex but fascinating exploration for us all.

### **Module 9: Experiential**

Putting theory into practice. Holding constellations, online, doing private sessions in four formats. The power of rituals. Demonstrations and practice in break-out groups

### **Module 10: Mind Science**

Putting it all together, humanity, human-pysche, energy, somatic sensing. The relationships between science, neuroscience, epigenetics, life force, spirituality and new perspectives.

### **Module 11: Completion**

Case studies, becoming a practitioner, looking after yourself as a practitioner. How to develop and remain supported and connected in the field.

200 hours Professional and personal development in total



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### What you can expect from this course

- personal study in the online component, 11 modules involving Videos accompanied with Information sheets, tasks, quizzes and assignments, case studies.
- personal readings, 6 constellations books, Rapid Core Healing complimentary.

### Details

#### 1. Experiential learning online 9 days 9.30-4.30 pm -54 hours.

- 5 days Monday to Friday  
Focusing on -Original Family, Present Family/situation, Private sessions in four formats.
- 2 further experiential learning weekends Saturday and Sunday 9.30-4.30 pm one month after week 11 and the second experiential weekend 2 months after week 11.

Weekend experientials focusing on Intimate relationships, blended family, Sexual abuse and trauma recovery.

#### 2. Case studies

4 Constellation sessions as case studies with four different people of your choice. Two Case Studies after Week 9 experiential and two more at the end of the second experiential weekend.

#### 3. Online meetings

3 optional short meetings online on Weeks 2, 8. 12 of the course on Wednesday at 7 30 pm Brisbane Queensland Australia timezone AEST.

#### 4. Be Insured

You will be able to purchase Insurance in Australia. This is sufficient to get you started in Systemic Family Constellation work.

#### 5. After your training

Take advantage of further support and development in the field of constellations.



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### 6. Supervision/mentoring

You may take part in supervision/mentoring to assist in your setting up and growth as a practitioner in individual and group sessions monthly.

### You will gain Unique Systemic Training

This is a Systemic Family Constellation training that is a comprehensive, in depth, study with experiential learning, practice with unlimited opportunities for personal healing, growth and transformation.

I know that how you manifest as a practitioner is driven by your own growth, integration and compassion for yourself and others.

*The Course Content is made up of ;*

- personal study in the online component, 11 modules involving Videos accompanied by with Information sheets, tasks, quizzes and assignments.
- experiential learning- 9 days 54 hours.

*Your trainer is Yildiz Sethi,*

A highly experienced Systemic Constellations practitioner since 2005 and educator with a passion for imparting knowledge and skills and support for new practitioners in the field. Former physics and chemistry teacher. Psychotherapist since 2000 and a best-selling author.

### Advanced Constellations Training

- Level 2 Deepening

You may complete level 2 deepening Constellations training

Do further advanced Constellations training in one or all of our advanced constellations trainings

Business Constellations, Health Constellations and Systemic Couples and Relationship therapy, (CSRT).



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You may go Further

Be ahead of the crowd with cutting edge psychotherapy for the 21st century with Yildiz

You may do other trainings that I offer to be able to work with the non-systemic with the grace, ease and flow that you have become accustomed to in constellations with

Emotional Mind Integration <https://emotionalmindintegration.com>

And

personal and systemic solutions Rapid Core Healing. <https://www.rapidcorehealing.com>

Upgrade your studies to an Australian approved Hypnotherapist.

Upgrade your certificate trainings to an approved Hypnotherapy Diploma in Personal and Systemic solutions. <https://www.rapidcorehealing.com/diploma/>